MDS208 Volunteer Work **Midterm Exam**

VOLUNTEER ACTIVITY PLANNING FORM

Name: Ahsen Berra Kösem **Student No: 240502001**

Name of Volunteer Activity:	**İntergenerational Communication and Moral Support Visit for Residents of Darülaceze**
Clubs, Municipalities, Public Institutions, Private Sector etc. that support Voluntary Activity. Establishment	**Darülaceze Directorate (Ministry of Family and Social Service)**
Target Audience of Voluntary Activity:	**Elderly individuals living in nursing homes and receiving care there, as well as people in need.**

Aims and Objectives	**Aims**: **To visit elderly individuals, make them feel valued, bring them happiness, and increase our social awareness.** **Objectives:** **1. To help elderly individuals feel valued and remembered** **2. To reduce feelings of loneliness and increase social interaction** **3. To boost their morale and happiness** **4.To develop social awareness and empathy** **5.To strengthen intergenerational communication**

Summary Description of Volunteer Activity	**We will visit the nursing home and talk with the residents, trying to meet their needs for social interaction and feeling valued. We will prepare various gifts for them. During our visit, a guide will accompany us, show us around the different sections, and introduce us to the institution.**
Planning of Activities **(With schedule)**	**Preparation: Forming a group of nine medical students and researching institutional policies.** **Appointment Process: Contacting Darülaceze via the official phone line and finalizing the appointment for the group visit.** **Coordination: Holding a team meeting prior to the visit and preparing the materials to be brought (with the institution's permission).** **Implementation: Conducting the visit on the scheduled date and documenting it in accordance with ethical guidelines.**

Expected results, benefits, outputs related to Voluntary Activity	**Increased awareness about nursing homes.** **Being able to communicate with elderly people and make them feel that we are there for them.** **Setting an example for our peers and society.** **To gain knowledge about nursing home services in our country**

Volunteer person(s) participating in the activity	1. **Ahsen Berra Kösem** 2. **Şerife İrem Karadayı** 3. **Elif Eylül Aygün** 4. **Zeren Şimal Sürücü** 5. **Eylül Özkan** 6. **Rumeysa Işık** 7. **Zehra Yazıcı** 8. **Beyza Nur Demir** 9. **Ayşenaz Hasanpaşaoğlu**
Participation in the activity from outside the classroom	Other year students of Üsküdar University Faculty of Medicine can also participate in the activity. ❑ Other students of Üsküdar University can also participate in the activity.❑ ×
Expected benefits of the activity to the Volunteer	**Increased empathy and emotional awareness** **Improved communication skills with elderly individuals** **Strengthened sense of social responsibility** **Greater social sensitivity and volunteering awareness** **Opportunity to understand and learn from different life experiences** **Personal development and maturity in human relationships**